



Sireesha Nandagiri
Communications Manager
p: 512.440.4034 f: 512.440.4081
Sireesha.Nandagiri@atcic.org

Meadows Foundation Awards New Milestones Foundation Grant to Support Local Psychiatric Services

Austin, February 22, 2010 – The Meadows Foundation recently awarded New Milestones Foundation with a \$150,000 grant to support a Capital Campaign to raise funds to refurbish two facilities that provide up to 14 days of psychiatric crisis respite services and transitional care through Austin Travis County Integral Care's (ATCIC) "Next Step" program.

The Meadows Foundation is a private philanthropic institution established in 1948 by Algur H. and Virginia Meadows to benefit the people of Texas. The Foundation's mission is to assist the people and institutions of Texas improve the quality and circumstances of life for themselves and future generations.

ATCIC's "Next Step" is a voluntary 24/7 residential program designed to assist individuals address the needs that precipitated admission to the program. Here, individuals are assigned to a "recovery team" comprised of a case manager and peer recovery specialist, following by a life-coach curriculum tailored to resolve and address circumstances of the immediate crisis. This program also provides psychiatric evaluation and medication to further stabilize the individual and enhance recovery. The "Next Step" program is part of a continuum of care of services provided by ATCIC and partner organizations, including a Mobile Crisis Outreach Team, 24-hour Crisis Hotline and 24/7 walk-in services through the Psychiatric Emergency Services program.

NMF works in partnership with the ATCIC to expand awareness, alleviate stigma and raise funding to address the needs of those in the community with mental illness, developmental disabilities or substance use disorders. For more information, visit newmilestones.org.

###